June 21st 2024

Project Your Success Conference

131 Community College Dr Spartanburg, SC

SC CCR&R "Project Your Success" Child Care Conference Friday, June 21st - Saturday, June 22nd 2024

Friday, June 21st - Virtual

8:30AM-9:30AM, 1 credit hour in Health & Safety Jenny Ricks, ABC Quality: Sun Sense

Sun exposure can cause skin damage, eye damage, and can lead to skin cancer. Following a smart sun safety program, including protective clothing and proper use of sunscreen, can keep children from experiencing the harmful effects of UV rays. During this session we will review sun exposure risks, the correct type of sunscreen to use, how to apply it correctly, and other sun protection measures. We will also discuss the benefits of outdoor play and how to keep children healthy and safe in hot weather.

8:30AM-9:30AM, 1 credit hour in Child Guidance

Meg Claffey and Becky Merrick, SCPITC: Responsive Caregiving and Early Brain Development

The participant will be able to: Explain why understanding children's behavior is important, describe how guidance and discipline are different and list several positive guidance techniques.

9:40AM-10:40AM, 1 credit hour in Child Guidance Karissa Wylie, SCPITC: Guiding Children's Behavior

Participants will be able to identify behaviors, decipher between age-appropriate behaviors, and reframe challenging behavior.

10:50AM-12:50PM, 2 credit hours in Health & Safety <u>April McDaniel, DSS Licensing: Understanding the Regulations for Child Care Centers</u>

Improving safety is something every child care center business is always working towards. In this session, you will learn about key child care center licensing regulations and what they mean to keep children safe in your care.

1:00PM-3:00PM, 2 credit hours in Program Administration Kimberly Sowell, SC CCR&R: Director 101

Child care programs are more than just a business for directors. Participants will be able to ensure that their programs are able to stay in compliance with DSS Licensing Regulations. Directors will learn about recruiting and retaining quality staff members while at the same time learn about marketing their services to the community.

3:10PM-4:10PM, 1 credit hour in Child Growth & Development Alyssa Willis, ABC Quality: 5 Senses and Learning Outdoors

Physical activity is essential for growing children, it helps them develop muscles, balance, and other key motor functions. There are many ways for children to be active and develop these essential skills while engaging their five senses. When children are outdoors and are having unique experiences with their developing senses, they tend to be more present and attentive. In this session, while learning these child development stages and their importance, we will discuss different activities to get children to be physically active while also learn more about the environment around them and incorporating the five senses...sight, smell, touch, taste and hearing.

3:10PM-4:10PM, 1 credit hour in Professional Development Emily Durham, ABC Quality: Burnout and Self Compassion

Participants will be able to define burnout and some of its common causes. Participants will be able to define self-compassion and how it builds resilience. Participants will experiment with self-compassion exercises that they can use to prevent burnout.

3:10PM-4:10PM, 1 credit hour in Professional Development Rachal Hatton Moore, First Five SC: First Five SC

First Five SC works to help families see what they may be eligible for across more than 40 programs, and features a common application for many early childhood programs, with future plans to add more. Family-serving professionals also benefit from the one-stop public portal to help families navigate locally. In this workshop, we will demonstrate the ease of using First Five SC and discuss navigating the early childhood system for communities across the state.

June 22nd 2024

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Saturday, June 22nd - In Person

8:30AM-9:30AM, 1 credit hour in Curriculum Activities Sherry King, SC CCR&R: Project Learning Tree Teaser

Room: Outdoor Auditorium/G29 - 24 seats

Participants will be able to define Project Learning Tree (PLT) and its mission and goals. By doing so teacher will be connecting the Trees and Me Curriculum to Teaching Young Children and Connecting the SC Early Learning Standards to these activities to use in the classroom.

8:30AM-9:30AM, 1 credit hour in Nutrition Leslie Beckstrom, DSS: Family Style Meals

Room: G27 - 20 seats

Define family style meals and deepen the understanding of the approach, strengthen current teacher practices and strategies involving family style meals, address barriers to conducting family style meals, learn to accommodate food allergies and cultural preferences during family style meal service.

8:30AM-9:30AM, 1 credit hour in Curriculum Activities <u>Teresa Phillips & Tammy Compton, First Steps: Nursey Rhymes, Small Words, Big Impact on Literacy</u>

Room: G06 - 40 seats

Join us for an inspiring and educational exploration of the magic that lies within the small words of nursery rhymes, and the significant impact they have on the literary development of our youngest learners.

8:30AM-9:30AM, 1 credit hour in Professional Development

<u>Aimee Dubé-Weller, SC CCR&R: Homelessness and it's Impact on Early Childhood</u>

Education

Room: G04 - 20 seats

The presentation focuses on early childhood homelessness and its impact on access to early childhood education. We'll discuss the importance of early childhood education in the development of young children and how experiencing homelessness can disrupt their learning and overall well-being. The presentation will also highlight the challenges and barriers that families experiencing homelessness face in accessing early childhood education, such as a lack of transportation and stable housing. We'll discuss practical ways to properly identify families experiencing homelessness and ways to support them to ensure that all young children have the opportunity to thrive.

8:30AM-10:30AM, 2 credit hours in Program Administration Darlene Faucette, SC CCR&R: Strengthening Business Practices Module I. Budgets, Projections, and Planning for Center-Based Child Care Providers

Room: Auditorium

Strengthening Business Practices for Child Care Programs training series addresses basic concepts in fiscal and operational management of center-based child care programs. Module 1, Budgets, Projections, and Planning, is one of two modules that comprise the "Strengthening Fiscal Management for Child Care Programs." As part of this module, you will learn the value of developing a budget and how to use it for decision-making throughout the year. You then learn how to project business costs, generate additional income, and plan strategically for future goals. Join us for each Module 1-4 to strengthen your early care and education business.

9:45AM-10:45AM, 1 credit hour in Professional Development Scott Busch and Kim Kappadia, DSS: T.E.A.C.H. Scholarship 101

Room: G24 - 25 seats

Participants will learn more about the T.E.A.C.H. Early Childhood® Scholarship and how the scholarship can help pay for college coursework in Early Childhood Education.

9:45AM-10:45AM, 1 credit hour in Professional Development <u>Dori Tempio, Able SC: Re-thinking Disability: Embracing Disability, Disability Culture and Identity in Child Services</u>

Room: G27 - 20 seats

Explore barriers and beliefs about people with disabilities that create bias or exclusion in childcare and education settings. Learn how to provide inclusive education where program modifications/accommodations can be made easy. An interactive discussion will include understanding disability, the importance of disability perspective, and how disability culture impacts child services and education.

9:45AM-10:45AM, 1 credit hour in Program Administration Shelley Summer, PSSA: What is PSSA?

Room: G04 - 20 seats

An hour of Program Admin training demonstrating PSSA's many resources, including downloadable resources, handbooks, dedicated job board, and so much more!

9:45AM-10:45AM, 1 credit hour in Professional Development <u>Tia Prostko, SCPITC: Moving Together to Connect</u>

Room: G29 - 24 seats

Human beings are made to move our bodies, throughout our lifespan! We are also designed for connection to others, learning best through relationships. Very often, young children take their first steps when walking toward a loving parent or teacher. The word "yoga" comes from the word "union," and as we practice it, our hearts, minds, and bodies become more connected. People who practice yoga together even feel more connected to each other! This session will provide strategies for helping children and adults connect by doing physical activities together, such as yoga and other intentional movements.

11:00AM-12:15PM, 1 credit hour in Professional Development *KEYNOTE* Kim Johnson Leaders and Educators as Everyday C.O.A.C.H.E.S.

Room: Auditorium

This interactive session will focus on intentional strategies and messages that will encourage stronger leadership, workforce development, and innovative strategies to reach families particularly families who are facing struggles and insecurities. In today's climate, we must make human relationships a priority. Through stronger connections, administrators and leaders can help convey the message of positive interaction, child safety, and teambuilding. Sometimes, directors and staff members become so bogged down with the paperwork or challenges that constitute working with families and children that they forget to focus on the

areas that they CAN impact. The more we can connect and become aware of our own strengths and abilities - the more we can truly enrich the lives of the families we are blessed to serve. Dr. Kimberly Johnson will share her experiences and encourage you to take the time to get to know your families and your co-workers. This session will present common sense ways to increase leadership, creativity, and resiliency among our learners. Participants will leave this motivating and invigorating session ready to increase family interactions, positive behavior, self-efficacy, and teamwork. For some of our families YOU are their everyday COACHES!

Lunch: 12:15PM-1:15PM

1:15PM-2:15PM, 1 credit hour in Child Growth & Development Jenny Ricks, ABC Quality: Physical Activity for Body and Mind

Room: G27 - 20 seats

Being physically active throughout the day enhances growth and development. Most of us are aware of the physical health benefits derived from regular physical activity, but did you know it also improves mental health, brain health, and emotional well-being? This session will identify physical activity guidelines, explore activities that help meet those guidelines, and discuss physical and mental health benefits of exercise.

1:15PM-2:15PM, 1 credit hour in Health & Safety

Heather Reyes, SC CCR&R: Best Practices in Diapering and Hand Washing

Room: G04 - 20 seats

The content of this training will help caregivers implement best practice procedures for diapering and hand washing; to create a healthy and safe learning environment for children and caregivers.

1:15PM-2:15PM, 1 credit hour in Child Guidance

Joy Huyck-Oswald, SC CCR&R: Welcoming Dual Language Learners into Your Classroom

Room: G24 - 25 seats

Participants will learn about language development among single and dual language learners, receive strategies and materials for language development intended to help all work with Dual Language Learners, regardless of language experience, and engage in interactive professional experience sharing on this topic. Ongoing learning and support from the DLL Project will be offered, along with project materials and services as they become available.

1:15PM-2:15PM, 1 credit hour in Professional Development Heather Googe, SCIC: Have you Heard About Pyramid PIECES?

Room: G06 - 40 seats

Join us to learn about Pyramid PIECES and the supports available to early care and education providers throughout the state. We will discuss strategies to support teachers to prevent challenging behaviors in young children. You will also learn about the Pyramid PIECES Behavior Support Network and how they can help you if you have a child with significant challenging behaviors in your program.

1:15PM-2:45PM, 1.5 credit hours in Child Guidance Susan Kear, PSSA: Classroom Management

Room: G26 - 20 seats

Participants will be able to define classroom management to help children form relationships and interact positively with other children. Participants will be able to choose classroom management strategies they will use in their classroom to help children form relationships and interact positively with other children.

1:15PM-2:45PM, 1.5 credit hours in Curriculum Activities Monica Akers-Bellamy, SC CCR&R: Curriculum Activities for the Outdoor Learning Environment in Family Child Care

Room: Outdoor Auditorium/G29 - 24 seats

Incorporating outdoor activities into early childhood family child care programs promotes holistic development and fosters a lifelong appreciation for nature. This training session aims to empower participants with the knowledge and resources necessary to overcome barriers, recognize the benefits, and implement effective outdoor learning activities for young children.

1:15PM-3:15PM, 2 credit hours in Program Administration

Sherry Ly Ching Chen King, SC CCR&R: Strengthening Business Practices Module IV. Recruiting and Retaining Staff for Center-Based Child Care Providers

Room: Auditorium

This training, "Staff Recruitment and Retention for Center-Based Child Care Providers," supports child care administrators in their efforts to strengthen systems of staff recruitment and improve their ability to retain quality staff. This training reinforces the belief that sound business practices improve the sustainability of child care businesses. Strong and sustainable child care businesses can support program initiatives aimed at improving outcomes for children.

2:30PM-3:30PM, 1 credit hour in Professional Development Susannah Lee, Blue Cross Blue Shield: Health Insurance for providers

Room: G27 - 20 seats

Discussing the importance of health insurance for both teachers and students. Specifically, the fact that mental health coverage is now included in all ACA plans.

2:30PM-3:30PM, 1 credit hour in Curriculum Activities

<u>Alison McDowell, SC CCR&R: Playing and Teaching with Loose Parts</u>

Room: G04 - 20 seats

In this session teachers will discover the excitement of loose parts play activities that give children the opportunity to express creativity by using materials that can be manipulated, transformed, and created through play activities. Teachers will learn how these activities connect to the SC Early Learning Standards and ABC Process Quality Guide.

2:30PM-3:30PM, 1 credit hour in Professional Development <u>Stephanie Glasser- Alfieri, SC CCR&R: Early Care and Education Environments that Can</u> Work for You

Room: G24 - 25 seats

Are you passionate about working with young children and shaping their early years of development? If so, "Early Care and Education Environments that Can Work for You" is the perfect training program for you! This comprehensive course is designed to equip aspiring childcare professionals with the knowledge and skills needed to create nurturing and effective early care and education environments.

2:30PM-3:30PM, 1 credit hour in Program Administration

Cathy Kovacs, ABC Quality: Finding Success in your ABC Quality Assessment

Room: G06 - 40 seats

Join us to learn how your program can be successful during your quality review! Learn tips and strategies to prepare for your review to highlight your programs strengths. This session will overview the requirements of participation, submission of a structural portfolio and onsite review.